



CARROLL COUNTY HEALTH DEPARTMENT

822 S. Mill St.
Mt. Carroll, Illinois 61053

www.ccphd.org Phone (815) 244-8855
Fax (815) 244-5010

Craig Beintema
Administrator

Dawn Holland
Assistant Administrator

March 27, 2020: - Carroll County has identified its first positive case of novel coronavirus disease 2019 (COVID-19). The individual is an adult and in their 40s. Our health department is working closely with the Illinois Department of Public Health (IDPH) and continues to monitor the individual, that has been self-quarantined for 12 days, and their close contacts. Further details about the individual will not be released to protect the privacy of the individual and their family.

While the investigation is ongoing, we are aware that this case is related to travel. This case reinforces the importance of actions the public can take to protect themselves and prevent the spread in the community.

What the Public Can Do:

- **STAY CALM:** You are not alone in this; your community is here to support you. Talk to your friends and family, and let them know if you are having concerns.
- **STAY APART:** Keep at least 6 feet away from others.
- **STAY PUT:** Stay home, and only go out when essential (buying groceries, pickup medicine, etc.).

Be mindful of those who are at greater risk for contracting this virus, including older adults and those with underlying conditions.

Call your healthcare provider:

If you experience fever, cough, and shortness of breath (flu like symptoms), stay home, and call your healthcare provider before going to a healthcare facility. Inform them of your symptoms.

For more information:

Go to IDPH and CDC websites.

- <http://dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus>
- <https://www.coronavirus.gov/>