



## CARROLL COUNTY HEALTH DEPARTMENT

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July 29, 2020: - Carroll County is reporting 1 new positive case of novel coronavirus disease 2019 (COVID-19). The individual is an adult in their 40's. This brings the total number of positive cases for Carroll County to 41, and the total number of deaths remains at 3. Our health department is working closely with the Illinois Department of Public Health (IDPH) and continues to monitor the individuals, and their close contacts. Further details about the individuals will not be released to protect the privacy of the individuals and their families.

The investigation is ongoing. These cases reinforce the importance of actions the public can take to protect themselves and prevent the spread in the community.

### **What the Public Can Do:**

- **STAY CALM:** You are not alone in this; your community is here to support you. Talk to your friends and family, and let them know if you are having concerns.
- **STAY APART:** Keep at least 6 feet away from others.
- **STAY PUT:** Stay home, and only go out when essential (buying groceries, pickup medicine, etc.).
- **WEAR A MASK:** Help to protect your family, friends and neighbors.

Be mindful of those who are at greater risk for contracting this virus, including older adults and those with underlying conditions.

### **Call your healthcare provider:**

If you experience fever, cough, and shortness of breath (flu like symptoms), stay home, and call your healthcare provider before going to a healthcare facility. Inform them of your symptoms.

### **For more information:**

Go to IDPH and CDC websites.

- <http://dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus>
- <https://www.coronavirus.gov/>