

WIC is a food assistance program for Women, Infants, and Children.

It helps pregnant women, new mothers and young children eat well and stay healthy...

### Links:

Illinois Department of Human Services

<http://www.dhs.state.il.us/page.aspx?item=30513>

USDA Food and Nutrition Service

<http://www.fns.usda.gov/wic/howtoapply/incomeguidelines.htm>



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[http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail:U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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